



Action for Dystonia, Diagnosis Education & Research A.D.D.E.R

Dystonia is defined as a "previously little known neurological disease of the body's central nervous system and consists of a group of related movement disorders characterised by involuntary and often painful, prolonged spasms of muscle contractions." It has also been classically defined as "a syndrome of sustained muscle contractions, frequently causing twisting and repetitive movements or abnormal postures."

We have proven that dystonia is the most common neurological disorder after Parkinson's Disease and yet hardly anyone outside the medical profession has even heard of it. Can we therefore ask you to Join us in our campaign to make everyone realise that dystonia is not a 'rare' disorder and that at least 1 in 500 people in the UK are affected in some way.

If you would like to Join A.D.D.E.R. and receive regular issues of our magazine, then please complete the form below and return it, together with your payment to **The Co-ordinator, A.D.D.E.R Office, Bath Cottage, Dinsdale Park, Middleton St. George, Co. Durham, DL1 2DJ. Tel/Fax No: (01325) 332723**

We also offer **LIFE MEMBERSHIP** for anyone who wishes to offer a larger amount than the annual subscription

For further details please contact the office address above

Name:.....

Address:.....

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Post Code:

Tel: No:.....Email:....

I wish to become a member of A.D.D.E.R (registered charity no 1077578)

Signed:.....

Annual membership fees: Life Membership: £100.00
Family membership: £15.00
Single membership: £10.00
Non-wage earners: £5.00

Registered Charity No. 1077578